Table S1: Code lines for search in each database

PubMed/MEDLINE database: ("probiotics"[MeSH Terms] OR "probiotics"[All Fields]) AND (("exercise"[MeSH Terms] OR "exercise"[All Fields]) OR ("sports"[MeSH Terms] OR "sports"[All Fields] OR "sport"[All Fields]) OR performance[All Fields] OR aerobic[All Fields]) AND (("athletes"[MeSH Terms] OR "athletes"[All Fields] OR "athlete"[All Fields]) OR trained[All Fields] OR elite[All Fields]).
WOS database: (Probiotics and (exercise or sport or performance or aerobic) and (athlete or trained or elite)).
Scopus database: (Probiotics and (exercise or sport or performance or aerobic) and (athlete or trained or elite)).